

Cancer Care of Western New York Gold Seed Markers Appointment Information and Instructions

You have been scheduled for a test called a transrectal ultrasound with placement of gold seed markers. In this procedure, the doctor will use an ultrasound probe to view and measure the prostate through the rectum and place markers within the prostate.

We have phoned in a prescription for the antibiotic Cipro to your pharmacy. Please have it filled and begin taking the medication the day before your appointment. This will help to prevent infection. (If you are allergic to Cipro or any antibiotics in the quinolone family, such as Factive, Levaquin, or Avelox please call and let us know).

Please contact us if you are taking blood-thinners of any kind. These may include: the prescription drugs Coumadin (warfarin), Persantine (dipyridamole), Indocin (indomethacin), Voltaren (diclofenac), Plavix (clopidogrel), and Ticlid; and pain relievers such as Bufferin, Ecotrin, etc. (aspirin), Motrin, Advil, etc. (ibuprofen), Aleve, Anaprox, etc. (naproxen) and the like.

You must abstain from these medications for seven (7) days before the test. In some cases, we will need to obtain the prescribing doctor's permission for you to discontinue your drugs. Do not stop taking any of your usual medications until you have checked with our office.

Please read and sign the enclosed consent form and bring it with you to your appointment. Do not have anyone sign the "WITNESS" line; we will provide that signature at the time of your appointment.

Please wear briefs as your undergarment to this appointment, not "boxers".

If you have any questions about the test, please call our office.

AFTER YOUR PROSTATE ULTRASOUND AND MARKER PLACEMENT

For your health and comfort, please read all the information below and follow the instructions.

1. It is very important that you take all the antibiotic pills you have been given (or prescribed), as instructed.
2. The antibiotics you have been given may cause some people to sunburn more easily than is usual. Please protect yourself with sunblock and appropriate clothing if you are out-of-doors and in the sun while taking this medication.
3. The antibiotics may cause restlessness or sleeplessness in some people. This usually does not last longer than a day.
4. Increase your fluid intake--drink more water--for the next 2 days to minimize the formation of blood clots in your urine.
5. You may experience discomfort or a sensation of pressure in the rectum or at the base of the penis. You may see blood or blood clots in the urine or stool. This is normal after the test and should diminish each day.
6. You may notice blood or discoloration in the semen if you are sexually active. This

is normal after the test and may last for several months. It will not harm you or your partner, and you need not abstain from sexual relations.

7. Limit your physical activity for 24 hours after the test; avoid heavy lifting and strenuous exercise or work.
8. Do not use aspirin or any other over-the-counter pain reliever (except Tylenol) for the next three days. You may use Tylenol.

IT IS IMPORTANT THAT YOU CONTACT US AS SOON AS POSSIBLE IF YOU EXPERIENCE ANY ONE OF THE FOLLOWING SYMPTOMS:

Fever or chills
Excessive blood in the urine or stool
Difficulty urinating (more than is normal for you)
Inability to urinate

If any of the above problems should occur, please call our office. If you call after hours or during the weekend, you will be connected to our answering service and our physician on-call will be asked to contact you.

Please do not hesitate to call us if you have any questions or concerns.